

There are people, events, works of art, etc. that open your eyes to a whole new world, as if a door was opened, and the light came in together with fresh air. In the lives of the two founders of Number Our Days - both members of the Budapest-based band The Grey Eminence - bands like Tourniquet, Believer, Living Sacrifice, Deliverance or Detritus played the very same role: they opened the door to a whole new world in music. No wonder the two felt it appropriate to pay homage to the aforementioned forefathers; not by covering their songs, but by writing new ones, inspired by their work. The goal of starting Number Our Days was to build new walls-of-sound on the foundation already laid by others, at the same time painting those walls with colours of their own vision. "I remember how amazed I was and how excited I got the first time I heard Pathogenic Ocular Dissonance [the third album of Tourniquet] or Sanity Obscure [the second album of Believer], and the list could go on. Number Our Days is a humble way to say 'thank you' and 'respect' to those great bands', says bassist/songwriter Gergely Kovács.

The debut named Instinctual was a 7 song, 30 minute long album the band recorded at NoiseLab Studio, with Dávid Fehér pushing the buttons. "Dávid was the obvious choice, we have worked with him a couple of times, recording materials of The Wheelers and The Grey Eminence, and we were very happy with the result", says drummer Tibor Barabás.

The two hired Péter Spányik to play lead guitar and do much of the lead vocals. "I used to be in a band with Peti, and knew what an amazing guitarist he was and how his voice would fit this type of music perfectly. We are very happy he said 'yes'", adds Kovács.

The lyrics on Instinctual were dealing with how we people seem to love fighting against each other, hurting and destroying others and even ourselves. The record's title comes from a quote from the famous Austrian etymologist Konrad Lorenz, who said: "Human aggression is instinctual."

Though Number Our Days is just a side project for all of its members, they continue working together, writing and recording new songs. Three new songs were recorded as a follow-up to Instinctual and released on the second Viable Mutations compilation, as well as a cassette tape called Mass Grave. The music and lyrics pick it up where Instinctual left off, the band even used another quote from Mr. Lorenz on the new material.

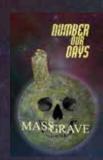
The future of Number Our Days looks uncertain at the moment but as they say, 'Never say never!'



Instinctual 2011 Abran Records ABR003



Viable Mutations Vol.2 (compilation) 2017 Abran Records ABR013



Mass Grave 2017 Abran Records ABR015

